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RELEASE**

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# City Parks and Recreation Invites Residents to Participate in Annual Senior Games

## Games Promote Health, Physical Activity & Sportsmanship

**EL PASO, Texas** — The City of El Paso Parks and Recreation Department has opened the registration period for the 2022 El Paso Senior Games that will run from February 26 to May 14.

Entering its 39th season, the El Paso Senior Games are held every spring to promote health, physical activity, and sportsmanship for adults 50 years of age and older. The games offer participants a chance to compete in a variety of sporting events on an individual and team basis ranging from basketball, swimming, cycling, volleyball, track and field, and more.

Interested participants can register in person at any senior center, recreation center or online by visiting [www.elpasotexas.gov/parks-and-recreation](http://www.elpasotexas.gov/parks-and-recreation) or [www.quickscores.com/elpaso](http://www.quickscores.com/elpaso).

Registration fees are as follow:

- \$15 for two events, and an El Paso Senior Games T-shirt
- \$5 for each additional event
- \$45 for team sport – basketball and volleyball.

The Senior Games are sponsored by United Healthcare and Urgent Care Home Health Inc.

For more information on the El Paso Senior Games, call the Parks and Recreation Department at (915) 240-3320 or (915) 240-3317, or visit [www.elpasotexas.gov/parks-and-recreation](http://www.elpasotexas.gov/parks-and-recreation).

Residents of all ages are also invited to learn more about Live Active EP, a City initiative to improve the overall health of our community as a result of the COVID-19 pandemic. Learn more at [www.liveactiveep.com](http://www.liveactiveep.com).

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