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**NEWS
RELEASE**

07/20/2026

Department of Public Health Provides Update on Reported Cyclosporiasis Cases

No Common Source Identified; Routine Investigations Continue

EL PASO, Texas—The City of El Paso Department of Public Health (DPH) is investigating seven (7) reported cases of cyclosporiasis that meet the reporting criteria as either probable or confirmed.

At this time, no common source of exposure has been identified, and there is no evidence linking the reported cases to a single event, location, or food source.

As part of the routine investigation, DPH determined that five (5) of the individuals reported recent travel to Mexico during the parasite's incubation period, of which three (3) traveled to Cancún. The remaining two (2) individuals did not report recent travel. Public health officials continue to investigate each case to determine whether any additional links exist.

Cyclosporiasis is an intestinal illness caused by the parasite *Cyclospora cayetanensis*. People can become infected by consuming food or water contaminated with the parasite. Symptoms may include watery diarrhea, loss of appetite, weight loss, stomach cramps, bloating, nausea, fatigue, and a low-grade fever. If left untreated, symptoms may last for several weeks and may reappear.

"The Department of Public Health routinely investigates reportable diseases to identify potential public health concerns," said City-County Local Health Authority Dr. Hector Ocaranza. "At this time, we have not identified a common source linking these cases, and there is no indication of a single exposure affecting the community. We encourage residents to practice good food safety, wash fresh produce thoroughly, and contact their healthcare provider if symptoms persist."

The Department of Public Health will continue monitoring the situation and will provide updates if new information becomes available.

Residents can help reduce their risk of illness by:

- Washing fresh fruits and vegetables thoroughly before eating or preparing them.
- Practicing good hand hygiene, especially before handling food and after using the restroom.
- Drinking safe, treated water when traveling.
- Contacting a healthcare provider if they experience persistent diarrhea or other gastrointestinal symptoms.

For more information about cyclosporiasis, visit the [Centers for Disease Control and Prevention website](https://www.cdc.gov) or visit [EPHealth.com](https://elpasotexas.gov/EPHealth.com).

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