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**NEWS
RELEASE**

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Live Active El Paso Brings Back Hike-A-Thon Series

Get a Hiking Passport, Win Prizes, Explore the Outdoors

EL PASO, Texas—Live Active El Paso is excited to bring back its popular Hike-A-Thon series, running March 7 through May 2 at trails and trailheads across the city.

This citywide outdoor event provides ample opportunities for people of all ages to get moving and improve overall wellness while offering breathtaking scenery.

“Our outdoor hike series shows how we can motivate our community to stay active while exploring the natural beauty of our local trails,” said Parks and Recreation Director Pablo Caballero. “It’s a great opportunity to get your steps in, enjoy the outdoors, connect with fellow residents, and make healthy living part of your routine.”

This year’s series includes five hikes. Participants who complete four hikes will receive a prize. With routes ranging from beginner-friendly to moderate difficulty, the schedule offers options for a variety of skill levels.

The Hike-A-Thon series begins at 7:30 a.m. Saturday, March 7, at the Resler Canyon Loop.

Hiking Schedule (All Hikes begin at 7:30 a.m.):

- **March 7:** Resler Canyon Loop, Cadiz St.
- **March 21:** Goon’s Loop, Martin Luther King Jr. Blvd.
- **April 4:** Lazy Cow Trailhead, Officer Andrew Barcena Dr.
- **April 18:** Knapp Land Nature Preserve, Mountain View & Zircon Dr.
- **May 2:** Coyote Ugly & Boulder Dash, Martin Luther King Jr. Blvd.

Participants are encouraged to wear sturdy shoes, dress for the weather, use sun protection, and bring plenty of water.

To sign up and get a Hiking Passport, participants are encouraged to complete the registration form at: <https://forms.office.com/g/965aNmHSc>.

The 2026 Hike-A-Thon is a partnership between Live Active El Paso, Texas Parks and Wildlife, the Be Well El Paso program from the Department of Public Health, Liv3 Athletics, and Frontera Land Alliance. Since launching in 2022, the Hike-A-Thon series has helped thousands of residents discover local trails and stay active while exploring the outdoors across the city.

For more information about Live Active El Paso, including a list of free fitness classes and programs, visit www.LiveActiveEP.com or follow Live Active EP on Facebook and Instagram.

About Live Active El Paso

Live Active El Paso is a program of the Parks and Recreation Department. Launched in 2020, Live Active El Paso promotes healthy lifestyles through free fitness programs, community events, and resources. The initiative offers activities ranging from weekly workout classes to large-scale fitness festivals, helping residents stay active and engaged.

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Promoting **Transparent & Consistent Communication**
Among All Members of the Community

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