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**NEWS
RELEASE**

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City of El Paso Launches New Recreational Senior Programming Activities for Adults 55+ at Veterans Recreation Center and The Beast Urban Park

El Paso, Texas—The City of El Paso Parks and Recreation Department is excited to launch its new Recreational Senior Programming, offering engaging activities for adults ages 55 and over.

Beginning this month, the program will be available Monday through Friday during morning hours at both Veterans Recreation Center and The Beast Urban Park. The initiative is designed to provide meaningful, active, and social experiences for older adults across the community.

The program features a variety of core offerings, including fitness classes, general interest classes, and billiards. These will be offered on a month-to-month basis, alongside a rotating selection of special activities each month aimed at encouraging creativity, connection, and fun.

“Our goal is to create a welcoming and enriching environment where older adults can stay active, connect with others, and enjoy meaningful activities close to home,” said Pablo Caballero, Director of Parks and Recreation. “This initiative reflects our commitment to making recreational opportunities accessible and enjoyable for all age groups.”

Program schedules and updates will be available on the El Paso Parks and Recreation website and posted at both participating recreation centers.

This new effort underscores the department’s ongoing commitment to support the health, wellness, and social engagement of El Paso’s senior community.

For more information, visit www.ElPasoTexas.gov/parks.

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Promoting **Transparent & Consistent Communication**
Among All Members of the Community

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