



Parks and Recreation Department

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CITY MANAGER

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COVID-19 SAFETY PROTOCOLS AND SAFE PRACTICES

Athletes prior to game:

- Players who are feeling sick, have tested positive for COVID-19 or live with someone who tested positive for COVID-19 within the last 10 days must NOT come to practice or games.
- Players and coaches must wear face masks (that covers nose and mouth) upon entering the facility or complex and when not actively exercising.
- Wash your hands with a disinfectant soap and water (for 20 seconds or longer) or use a hand sanitizer (with at least 60% alcohol) if soap and water are not readily available.
- Follow directions for spacing and stay at least six feet apart from others
- Do not share equipment (water bottles, towels, clothing etc.) with other players.
- If you need to sneeze or cough, do so into a tissue or upper sleeve/arm area.
- Do not spit on the ground and properly dispose used tissue.

Athletes during game:

- Do not make unnecessary physical contact with others, such as shaking hands or giving a high five.
- Avoid touching your face.
- Avoid sharing food, drinks or towels.
- Maintain appropriate social distancing from other athletes when taking a break or on the sideline.
- Locker rooms will only be used for bathroom use.
- Avoid spitting on the ground and dispose used tissue properly.

Athletes post-game:

- No handshaking or high fiving, teams may line up and walk six feet apart from opposing team and give positive verbal sportsmanship.
- Return directly to your personal items when workout ends, put face mask on and prepare to leave immediately.
- Clean, disinfect and pick up all trash in team area prior to leaving.
- Leave the facility as soon as reasonably possible after workout.
- No eating after game in team area.
- Wash your hands thoroughly or use a hand sanitizer after leaving.
- Do not use the locker room or changing area.
- No congregation in complex or facility after game.

Athletes not following the guidelines above will result in the following:

- 1st offense - athlete will be made aware and asked to follow guideline.
- 2nd offense - athlete will be removed game.
- 3rd offense - athlete will be suspended.

Ben Fyffe – Director

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