

Special Events Calendar (April 2025)

Jessie Moreno Happiness Senior Center

Name of Event/Program: **AB Dance April**
Location: 563 N. Carolina
Date: 04/25/2025
Time: 1pm -5 pm
Cost: \$7.00dlls
Brief description: Music by TBA, BYOB raffles and food

Name of Event/Program: **Popcorn Day At Happiness**
Location: 563 N. Carolina
Date: 4/7/2025
Time: 9:30am
Cost: Free
Brief description: Free Popcorn for all participants in observance of Popcorn day

Name of Event/Program: **Arts and Craft class with Maria Solis Aliviane**
Location: 563 N. Carolina
Date: 4/15/2025
Time: 9:30-11:30am
Cost: Free
Brief description: Arts and Crafts class for all participants who want to participate

Name of Event/Program: **Easter Egg Hunt at Happiness**
Location: 563 N. Carolina
Date: 4/16/2025
Time: 9:30-12:30
Cost: Free
Brief description Easter Egg hunt for our participants with Music Food and other activities at Happiness Senior center with activities and raffles and games

Name of Event/Program: **Arbor Day at Happiness**
Location: 563 N. Carolina
Date: 4/25/2025
Time: 9:30am
Cost: Free
Brief description: Celebration of Arbor Day free planting seeds and raffles for our participants at Happiness

Name of Event/Program: **Pretzel Day at Happiness**
Location: 563 N. Carolina
Date: 4/28/2025

Time: All Day
Cost: Free
Brief description: free cup of pretzels for all participants with fun games and activities

Name of Event/Program: **April Birthdays Month Celebration**

Location: 563 N. Carolina

Date: 4/23/2025

Time: All Day

Cost: Free

Brief description: Come Join all the participants who have a birthday in April and celebrate with them with a potluck gifts and music all day at Happiness Senior Center

Eastside Senior Center

Name of Event/Program: **AB Dance**

Location: 3200 Fierro St

Date: Friday, April 4, 2025

Time: 1pm -5 pm

Cost: \$7.00

Brief description: Live Music by Fantasia Band, BYOB raffles and food

Name of Event/Program: **Border RAC Bingo**

Location: 3200 Fierro

Date: Friday April 11, 2025

Time: 12:30pm

Cost: Free

Brief description: Border RAC with be doing an educational Bingo

Name of Event/Program: **Selena Birthday Tribute**

Location: 3200 Fierro

Date: Wed. April 16, 2025

Time: 12:30pm

Cost: Free

Brief description: Participants will celebrate the Queen of Tejano Music Selena Birthday by doing karaoke of her songs & who's the best Selena Imitator

Name of Event/Program: **April Birthday Dance**

Location: 3200 Fierro

Date: Friday, April 18, 2025

Time: 12:30pm-2:30pm

Cost: Free

Brief description: Come join us to celebrate April Birthday with a DJ Dance.

Name of Event/Program: **Easter Celebration**

Location: 3200 Fierro

Date: Friday, April 18, 2025

Time: TBA
Cost: Free
Brief description: Participants will celebrate Easter "Easter Egg Hunt"

Name of Event/Program: **Arbor Day in the Garden**

Location: 3200 Fierro
Date: Friday April 25, 2025
Time: 9am-1pm
Cost: Free

Brief description: Come join us to celebrate Arbor day in the Garden: Performances, Food, information booths, Arts & Craft fair and the grand opening & dedication of the Eastside Senior Center Garden

Name of Event/Program: **AARP Taxes Preparation**

Location: 3200 Fierro
Date: Tuesday & Friday
Time: 9:30am-1:00pm
Cost: Free

Brief description: Free Tax preparation for Seniors Must make appointment in person or By phone. Last day for appointment April 15, 2025

Name of Event/Program: **Texercise**

Location: 3200 Fierro
Date: Wednesday & Thursday
Time: 9am-11m
Cost: Free

Brief description: Program runs Feb. 5-April 10.

Name of Event/Program: **TGIF Group I Karaoke**

Location: 3200 Fierro
Date: Friday, March 28, 2025
Time: 12:30-3pm
Cost: Free

Brief description: It's TGIF so let's celebrate by doing Group Karaoke

Name of Event/Program: **Stained Glass Art**

Location: 3200 Fierro
Date: From: Mondays
Time: 9:30am 11:30am & 1pm-2:30pm
Cost: \$24/month & 60 and over \$12/ month

Brief description: The instructor sample Stained glass art uses pieces of glass used in a mosaic-like form to create patterns, objects, or scenes in windows, wall hangings, lamps, and more.

Name of Event/Program: **Low impact classes**

Location: 3200 Fierro
Date: Monday to Friday

Time: 9:00 am – 10:00 am

Cost: Free

Brief description: The instructor establishes an exercise routine with music Low-impact exercise gets your heart rate up slowly and causes less pressure on your joints than high-impact exercise.

Name of Event/Program: **Live Active Zumba**

Location: 3200 Fierro

Date: Monday - Wednesday

Time: 10:30am – 11:30am

Cost: Free

Brief description: The instructor teaches the class using the rhythm of Latin music. With the realization of these exercises improves coordination. Increases the flexibility of the body.

Name of Event/Program: **Health seekers**

Location: 3200 Fierro

Date: Monday

Time: 1:00pm - 3:00 pm

Cost: Free

Brief description: Group of people gathered guided by a health caregiver who correctly and precisely guides the well-being of people with healthy food. The health seeker is any person aware of his or her motivation to improve his or her health, whether sick or not.

Name of Event/Program: **TNT Senior body Workout**

Location: 3200 Fierro

Date: Tuesday - Thursday

Time: 9:00am – 10:00am

Cost: Free

Brief description: A group meeting with a leader preferably outdoors doubles aim to work all muscle groups in a pleasant association with partners and nature. During the Winter, the class meet at Gary Del Palacio Recreation Center.

Name of Event/Program: **Scratch Art**

Location: 3200 Fierro

Date: Tuesday - Thursday

Time: 1:00 pm – 3:00 pm

Cost: Free

Brief description: The instruction shows the rest of the group the way creative where you can craft a beautiful picture using a scraper tool.

Name of Event/Program: **Line Dance**

Location: 3200 Fierro

Date: Tuesday

Time: 10:30am – 12:30pm

Cost: Free (Register at EPCC)

Brief description: Intermediate level line dance class taught by EPCC.

Name of Event/Program: **Line Dance**

Location: 3200 Fierro

Date: Thursday

Time: 10:30am – 12:30pm

Cost: Free

Brief description: Beginners level line dance class taught. Instructor Volunteer class.

Name of Event/Program: **Quilting**

Location: 3200 Fierro

Date: Wednesday

Time: 9:30 am – 12:00 pm

Cost: Free

Brief description: The instructor shows how to master and improve the skills of efficient and precise splicing and sewing.

Name of Event/Program: **Flute**

Location: 3200 Fierro

Date: Wednesday

Time: 9:00 am – 11:00 am

Cost: Free

Brief description: Instructor teaches participants to play the flute in the different notes of beginner level.

Name of Event/Program: **Writer's Club**

Location: 3200 Fierro

Date: Friday

Time: 9:30am – 11:30am

Cost: Free

Brief description: Is a supportive community of like-minded writers who come together to pursue the art and craft of writing.

Name of Event/Program: **Knitting and Crocheting**

Location: 3200 Fierro

Date: Friday

Time: 9:30 am – 11:30 am

Cost: Free

Brief description: Group of people gathered with the affinity of weaving making different pieces to show the interest of the public.

Name of Event/Program: **Table Games**

Location: 3200 Fierro

Date: Monday – Friday

Time: 9:00 am – 4:00 pm

Cost: Free

Brief description: Table reserved for different board games available to members of the senior

center.

Name of Event/Program: **Nutrition program**

Location: 3200 Fierro
Date: Wednesday
Time: 11:30am-12:30pm
Cost: Free

Brief description: Eastside senior center has the county program where it provides food to all seniors registered in the program. On Wednesday the representative of the area makes registrations and answers questions to the members of the program.

Name of Event/Program: **Billiards**

Location: 3200 Fierro
Date: Monday - Friday
Time: 9:00 am – 4:00 pm
Cost: \$15.00 per year – \$5.00 per month - \$2.00 per day.

Brief description: Members have 3 pool tables available with a variety of accessories.

Name of Event/Program: **Bingo**

Location: 3200 Fierro
Date: Monday - Friday
Time: 10:30 am – 11:30 am
Cost: 25 ct for card

Brief description: Bingo games are held every day before lunch for the members of the senior center.

Name of Event/Program: **Cardio Room**

Location: 3200 Fierro
Date: Monday - Wednesday
Time: 9:am – 4:00 pm
Cost: \$3.00 per month.

Brief description: Special room for the exercise with the availability and comfort, different devices for the use of the members of the senior center.

Name of Event/Program: **Horseshoes**

Location: 3200 Fierro
Date: Monday - Friday
Time: 9:am – 4:00 pm
Cost: Free

Brief description: Specific space for the practice and realization of Horseshoes tournaments, the availability of the furniture is available during regular hours of the senior center.

Name of Event/Program: **Computers Room**

Location: 3200 Fierro
Date: Monday - Friday

Time: 9:am – 4:00 pm

Cost: Free

Brief description: Room with more than 10 computers available for free use by members of the senior center.

South El Paso

Name of Event/Program: **Bingo**

Location: 600 S. Ochoa

Date: Tuesday & Thursday

Time: 9:30am-11:30am

Cost: Cards 25 cents a card

Brief description: Improved cognitive function by engaging the brain with number recognition and scanning, enhanced hand-eye coordination, social interaction, stress reduction through fun and laughter.

Name of Event/Program: **Loteria**

Location: 600 S. Ochoa

Date: Monday thru Friday

Time: 1pm – 3:30pm

Cost: 25 cents a game

Brief description: Improved cognitive function by engaging the brain with picture recognition and scanning, enhanced hand-eye coordination, social interaction, stress reduction through fun and laughter.

Name of Event/Program: **Billiards**

Location: 600 S. Ochoa

Date: Monday thru Friday

Time: 9am-4pm

Cost: Senior over 60 fee \$15.00 a year
Senior under 60 fee \$30.00 a year

Brief description: Improves hand-eye coordination, mental sharpness, improve balance, calorie burning and social bonding.

Name of Event/Program: **Weight Room**

Location: 600 S. Ochoa

Date: Monday-Friday

Time: 9am-4pm

Cost: Senior or 60 fee \$5.00 a month
Senior under 60 fee \$10.00

Brief Description: Exercise benefits consist of healthy weight, heart health, independent living, balance and coordination.

Name of Event/Program: **Dance**

Location: 600 S Ochoa

Date: April 12, 2025 dance

Time: 1pm-5pm
Cost: \$7.00 per person
Brief description: Dances provide participants with social bonding, balance, stress relief and builds confidence.

Name of Event/Program: **Monthly Birthday Celebration**
Location: 600 S. Ochoa
Date: Second Thursday of the month
Time: 11:30am
Cost: Free
Brief description: Celebrating participant's birthdays boost confidence and provides social bonding.

Name of Event/Program: **Karaoke**
Location: 600 S Ochoa
Date: Every Wednesday
Time: 1:00pm to 3:30pm
Cost: Free
Brief description: Singing can help our participants with social bonding, confidence building, improve cardiovascular health, stress relief (therapeutic benefits) and improve cognitive skills.

Name of Event/Program: **Zumba**
Location: 600 S. Ochoa
Date: Tuesday & Thursday of the month
Time: 9am to 10am
Cost: Donation
Brief description: benefits consist of healthy weight, heart health, independent living, strength, balance and coordination.

Name of Event/Program: **E.P.C.C Technology for everyday living**
Location: 600 S Ochoa
Date: February 24-April 24, 2025
Time: 9:00am to 11:00am Monday and Wednesday
Cost: Free
Brief description: Will help participant in using computer and cell phone

Pavo Real Senior Center

Name of Event/Program: **Bingo**
Location: 9311 Alameda
Date: Monday thru Friday
Time: 10am to 11:30 am
Cost: 2 dollars-four cards
Brief description: Bingo Game

Name of event: **Line Dancing Avelina**

Location: 9311 Alameda

Date: Monday and Wednesday

Time: 1 pm to 2:30pm

Cost: Free

Brief description: Line Dance class beginners

Name of event: **Coro musical Pavo real**

Location: 9311 Alameda

Date: Monday

Time: 9 am-11:30am

Cost: Free

Brief description: New band group, members practice instruments and singing, increasing the level and quality for future performances at senior center events.

Name of event: **Grupo musical Los Rancheritos**

Location: 9311 Alameda

Date: Tuesday – Thursday

Time: 9 am-11:30am

Cost: Free

Brief description: Group of members practice regional Mexican music with instruments and singers for presentations at the senior center.

Name of event: **Lowe Valley Band**

Location: 9311 Alameda

Date: Wednesday

Time: 9 am-11:00am

Cost: Free

Brief description: Members of the center practice different musical genres for performances at birthday parties at the senior center.

Name of event: **Exercise Class**

Location: 9311 Alameda

Date: Wednesday

Time: 9:00 am to 10:00am

Cost: Free

Brief description: A class to have a Healthy life style.

Name of event: **Exercise Class Nelly**

Location: 9311 Alameda

Date: Tuesday and Thursday

Time: 9:00 am – 10:00 am

Cost: Free

Brief description: A class to have a healthy style.

Name of event: **Alignment Insurance**

Location: 9311 Alameda
Date: Thursday
Time: 9:00 am
Cost: Free
Brief description: Inform participants about Health Insurance

Name of event: **United Health Care Insurance**

Location: 9311 Alameda
Date: Tuesdays
Time: 9:00 am
Cost: Free
Brief description: Inform participants about Health Insurance

Name of Event/Program: **Arts and Crafts**

Location: 9311 Alameda
Date: Wednesday and Thursday
Time: 9:00 am 1:00 pm
Cost: Free
Brief description: Create patterns, objects, or scenes with different materials, wall hangings lamps, and more.

Name of Event/Program: **Ceramics**

Location: 9311 Alameda
Date: Tuesday and Thursday
Time: 9:00 am – 1:00 pm
Cost: Free
Brief description: Learn how to create and paint ceramics.

Name of Event/Program: **Karaoke**

Location: 9311 Alameda
Date: Monday – Wednesday - Friday
Time: 9am
Cost: Free
Brief description: Sing your favorite songs.

Name of Event/Program: **Choir Class**

Location: 9311 Alameda
Date: Every other Monday and Tuesday
Time: 9:30am – 11:30am
Cost: Free
Brief description: Senior City Choir Practice

Name of Event/Program: **Yoga Class**

Location: 9311 Alameda
Date: Monday and Wednesday
Time: 9:30am – 10:30am
Cost: Free

Brief description: The members took a chair yoga class; the class will have an instructor and support with technology (YouTube) the sessions start at a beginner level.

Name of Event/Program: **Grupo Amnesia**

Location: 9311 Alameda

Date: Fridays

Time: 9:00am

Cost: Free

Brief description: Group members practice popular music every Friday for performances at events. (All members are welcome to join the band).

Name of Event/Program: **Technology class**

Location: 9311 Alameda

Date: Monday - Wednesday

Time: 9:00am

Cost: Free

Brief description: Technology class (Temporary)is all about understanding and using technology to solve real-world problems. It combines practical skills, creative thinking, and problem-solving. Seniors often get the chance to design, build, and analyze projects that relate to everyday life or future careers.

Name of Event/Program: **Easter Event**

Location: 9311 Alameda

Date: 04/15/2025

Time: 9:00 pm – 11:30pm

Cost: Free

Brief Description: Partnership La Presa Elementary School is hosting a fun event for all students! It's like a school fair, where there will be different games for everyone to play. Students can win prizes, enjoy cupcakes, and stay refreshed with water stations around the area. The event is a way to bring students, teachers, and the school community together for a day of fun and celebration.

Name of Event/Program: **Members appreciation event**

Location: 9311 Alameda

Date: 04/09/2025

Time: 9:00 pm – 11:30pm

Cost: Free

Brief Description: The staff and committee will be serving delicious hamburgers, chips, and soda. While everyone enjoys their food, there will be music played by a DJ to keep the energy up and make it a fun, lively atmosphere.

Grandview Senior Center

Name of Event/Program: **Dance Aerobics**

Location: 3134 Jefferson St.

Date: Mondays, Wednesdays, Fridays

Time: 9:00am- 10:00am

Cost: Free

Brief Description: The instructor shows participant various dance exercises to improve coordination and flexibility while keeping them active and healthy.

Name of Event/Program: **Bingo**

Location: 3134 Jefferson St.

Date: Mondays, Wednesdays, Fridays

Time: 10:00am- 11:20am

Cost: 25 cents a card

Brief Description: Participants can enjoy this game with a chance of winning by making various rows in the game.

Name of Event/Program: **Loteria**

Location: 3134 Jefferson St.

Date: Mondays, Wednesdays, Fridays

Time: 12:30pm-2:00pm

Cost: 5 cents a card

Brief Description: Mexican game with picture cards. Participants can win in various ways.

Name of Event/Program: **Quilting Club**

Location: 3134 Jefferson St.

Date: Tuesdays

Time: 1:00pm- 4:00pm

Cost: Free

Brief Description: Participants get together and quilt. They share their ideas and techniques while quilting.

Name of Event/Program: **Chair Exercises**

Location: 3134 Jefferson St.

Date: Tuesdays and Thursdays

Time: 10:00am-11:00am

Cost: Free

Brief Description: Instructor teaches low-impact exercises that can help with coordination and balance.

Name of Event/Program: **Karaoke Thursday**

Location: 3134 Jefferson St.

Date: Tuesdays and Thursdays

Time: 9:00am- 10:00am

Cost: Free

Brief Description: Participants have the opportunity to sing and dance during this time.

Name of Event/Program: **RSVP Presentation**

Location: 3134 Jefferson St.

Date: April 3, 2025

Time: 10:30am

Cost: Free

Brief Description: Participants will have the opportunity to learn about how to volunteer at the zoo. The El Paso Zoo staff will be here to present with RSVP about volunteering at the zoo.

Name of Event/Program: **Deterra- Deposit the Bag Presentation**

Location: 3134 Jefferson St.

Date: April 9, 2025

Time: 10:00am

Cost: Free

Brief Description: There will be a presentation that will be very helpful for the senior community. They will be given information on how to properly dispose the medication. This presentation was organized by the Police department of El Paso, Texas.

Name of Event/Program: **Easter Painting Day**

Location: 3134 Jefferson St.

Date: April 18, 2025

Time: 1pm-3pm

Cost: Free

Brief Description: Participants will get the opportunity to paint Easter painting if they desire. Supplies will be provided for those participants that would like to paint.

Name of Event/Program: **Easter Egg hunt**

Location: 3134 Jefferson St.

Date: April 19, 2025

Time: 1pm- 3pm

Cost: Free

Brief Description: This event will be intergeneration event. There will be candy, games, egg hunts and snacks for sale. Senior participants are also going to be invited and can bring their grandchildren to enjoy a good time.

Name of Event/Program: **Monthly Dance- April**

Location: 3134 Jefferson St.

Date: April 25, 2025

Time: 10:00am-1:00pm

Cost: Free

Brief Description: Our monthly dance will take place on this day. Corazon Latino will be playing from 1pm to 5pm. Snacks will be available for sale.

Name of Event/Program: Walking Club

Location: 3134 Jefferson St.

Date: Tuesdays and Thursdays

Time: 9:30am – 10:30am

Cost: Free

Brief Description: Participants have the opportunity to walk during that hour. They will be keeping track of their steps each day.

Memorial Senior Center

Name of Event/Program: **Easter Dance**

Location: 1800 Byron St.

Date: 04/18/2025

Time: 1PM – 5PM

Cost: \$7 Admission

Brief Description: Kandela Musical

Name of Event/Program: **Birthday Celebration**

Location: 1800 Byron St.

Date: 04/16/2025

Time: 11:30AM – 12:30PM

Cost: Free

Brief Description: Birthday Celebration for all April's birthdays

Name of Event/Program: **Ceramics**

Location: 1800 Byron St.

Date: Monday and Wednesday

Time: 9:00AM – 1:00PM

Cost: \$6.00 firing fee per month

Brief Description: Seniors Ceramics class offers the use of in house molds and paints with the available Kilns to completely create a project from start to finish

Name of Event/Program: **Stain Glass**

Location: 1800 Byron St.

Date: Tuesday and Thursday

Time: 9:00AM – 1:00PM

Cost: Free

Brief Description: Class offers available instructions to array of learning resources method of creating *stained glass art*

Name of Event/Program: **Scratch Art**

Location: 1800 Byron St.

Date: Friday

Time: 9:00AM - 12:00PM

Cost: Free

Brief Description: Participants will learn how to perform scratch art activities

Name of Event/Program: **Bingo**

Location: 1800 Byron St.

Date: Monday to Thursday

Time: 12:30PM

Cost: 3 cards for a dollar

Brief Description: Game of chance with row random numbers per game

Name of Event/Program: **Loteria**

Location: 1800 Byron St.
Date: Monday to Thursday
Time: 10:00AM
Cost: .50 cents a card
Brief Description: Mexican Game of chance with pictures on cards with various ways to win per Game.

Name of Event/Program: **Walking Club**
Location: 1800 Byron St.
Date: Daily
Time: 10:00am
Cost: Free
Brief Description: Participants will engage in a daily walk outside the center

Name of Event/Program: **Texas A&M nutrition and exercise Class**
Location: 1800 Byron St.
Date: Every Thursday until 04/17/2025
Time: 10 AM
Cost: Free
Brief Description: Speaker will teach Participants on how to have a healthy Diet.

Name of Event/Program: **TUBI Movie Day**
Location: 1800 Byron St.
Date: Every Thursday, except the day before Monthly Dance
Time: 1:00 PM
Cost: Free
Brief Description: Members will enjoy a Movie and free popcorn.

Name of Event/Program: **Karaoke Day**
Location: 1800 Byron St.
Date: Every Friday, Except on monthly Dance Day
Time: 1:00 PM
Cost: Free
Brief Description: Members will enjoy singing to their favorite song

Name of Event/Program: **Bufe Morrison Huachas tournament**
Location: 1800 Byron
Date: 04/16/2025
Time: 9:30 am-12:00 pm
Cost: 1 bag of candy donation
Brief Description: Participants will participate in different age categories playing Huachas

Name of Event/Program: **Easter egg hunting Celebration**
Location: 1800 Byron
Date: 04//2025
Time: 10:00 am
Cost: Free

Brief Description: Participants will hunt for eggs at the small park, winning prizes

Name of Event/Program: **Volunteer Appreciation Day**

Location: 1800 Byron

Date: 04/30/2025

Time: 9:00 am

Cost: Free

Brief Description: Participants will receive free breakfast, goodies and a certificate to commemorate the day

Wellington Chew Senior Center

Name of Event/Program: **Loteria**

Location: 4430 Maxwell

Date: Mondays, ongoing

Time: 1:00pm-3:30pm

Cost: 10 cents a round

Brief Description: Traditional Loteria with a 10 cents per round buy-in. Winner of each round wins the pot.

Name of Event/Program: **Bingo**

Location: 4430 Maxwell

Date: Tuesdays and Thursdays, ongoing

Time: 1:00pm-3:30pm

Cost: 50 cent per card or 3 cards for 1.00

Brief Description: 10 games played- 6 games have a \$5.00 prize and 4 games have a 10.00 prize.

Name of Event/Program: **Karaoke**

Location: 4430 Maxwell

Date: Wednesdays, ongoing

Time: 1:00pm-3:00pm

Cost: free

Brief Description: This is your chance to take center stage by singing your favorite.

Name of Event/Program: **Movie Day**

Location: 4430 Maxwell

Date: Last Friday of the month unless otherwise noted

Time: 1:00pm-3:30pm

Cost: Free

Brief Description: Enjoy a free movie and popcorn on the big screen without leaving the center.

Name of Event/Program: **Birthday Celebrations**

Location: 4430 Maxwell

Date: Last Tuesday of the Month

Time: 10:00am

Cost: Free

Brief Description: Have a cupcake, some ice cream, and join in celebrating the birthdays that happened during the month.

Name of Event/Program: **Area Agency on Aging**

Location: 4430 Maxwell

Date: Third Thursday of every month

Time: 9:00am-11:30am

Cost: Free

Brief Description: Learn about all the services that AAA offers for our senior population.

Name of Event/Program: **ADAPT Program**

Location: 4430 Maxwell

Date: Thursdays

Time: 10:00 am

Cost: free

Brief Description: Develop a healthier lifestyle with expert guidance and help prevent becoming pre-diabetic or Diabetes.

Name of Event/Program: **Fitness Fridays**

Location: 4430 Maxwell

Date: Fridays, ongoing unless otherwise noted

Time: 10:30am-11:30am

Cost: free

Brief Description: Take on a new fitness challenge each class as the instructor introduces participants to different group fitness formats.

Name of Event/Program: **April Fool's Day**

Location: 4430 Maxwell

Date: 4/1/2025

Time: 10:00 am

Cost: free

Brief Description: Play games like 2 Truths and 1 Lie as a large group along with other goofy activities.

Name of Event/Program: **National Burrito Day**

Location: 4430 Maxwell

Date: 4/3/2025

Time: 10:00 am

Cost: free

Brief Description: Who doesn't love free burritos?

Name of Event/Program: **National Play Outside Day**

Location: 4430 Maxwell

Date: 4/7/2025

Time: 9:30 am

Cost: free

Brief Description: Play some huachas, horse shoes, and other outdoor games.

Name of Event/Program: National Empanada Day

Location: 4430 Maxwell

Date: 4/8/2025

Time: 10:00 am

Cost: free

Brief Description: Do you like sweet or savory? Pick your favorite and enjoy!

Name of Event/Program: **AB Monthly Dance: Wizard of Oz**

Location: 4430 Maxwell

Date: 4/11/2025

Time: 1:00pm-5:00pm

cost: 7.00 per person

Brief Description: Follow the Yellow Brick Road dancing in your Ruby Red Shoes with Kandela.

Name of Event/Program: **National Banana Day**

Location: 4430 Maxwell

Date: 4/16/2025

Time: 10:00 am

Cost: free

Brief Description: We all love bananas, but don't they taste better with ice cream?

Name of Event/Program: **National Clean Out Your Medicine Cabinet Day**

Location: 4430 Maxwell

Date: 4/21/2025

Time: 10:00 am

Cost: free

Brief Description: Join our NE Safe Communities Coordinator and learn how to safely dispose of unused/expired medicines.

Name of Event/Program: **National Exercise Day**

Location: 4430 Maxwell

Date: 4/18/2025

Time: 10:00 am

Cost: free

Brief Description: Try 15 minutes of several different types of exercise and learn what works best for you and your health needs.

Name of Event/Program: **Easter Egg Hunt**

Location: 4430 Maxwell

Date: 4/18/2025

Time: 12:30 pm

Cost: free

Brief Description: Bring your basket and your grandchild if you would like and hunt for Easter Eggs at our park.

Name of Event/Program: **National Volunteer Recognition**

Location: 4430 Maxwell
Date: 4/21/2025
Time: 10:00 am
Cost: free

Brief Description: Have breakfast as we celebrate our volunteers with a ceremony.

Name of Event/Program: **Earth Day**

Location: 4430 Maxwell
Date: 4/22/2025
Time: 10:00 am
Cost: free

Brief Description: Bring those hard to recycle items you have piling up in your closet and garage.

Name of Event/Program: **National Pretzel Day**

Location: 4430 Maxwell
Date: 4/26/2025
Time: 10:00 am
Cost: free

Brief Description: Hot soft pretzels and salty hard pretzels with queso or mustard.

Name of Event/Program: **National Oatmeal Cookie Day**

Location: 4430 Maxwell
Date: 4/30/2025
Time: 10:00 am
Cost: free

Brief Description: Enjoy childhood with cookies and milk.

Polly Harris Senior Center

Name of Event/Program: **UTEP Testing**

Location: 650 Wallenberg
Date: 4/01/2025
Time: 10:00AM
Cost: Free

Brief Description: Participants will join a balancing test with the help of UTEP students to check how well their balance is.

Name of Event/ Program: **Recycle Art**

Location: 650 Wallenberg
Date: 4/1,2&8,9/2025
Time: 1:00- 3:00PM.
Cost: Free

Brief Description: Participants will drawings with different colors of paper and textures to create a picture of whatever they chose. Materials are free the only thing they have to bring is a board to glue the pieces of paper on.

Name of Event/Program: **Blood Pressure**

Location: 650 Wallenberg

Date: 4/16/2025

Time: 10:00-11:00 PM

Cost: Free

Brief Description: Participants will be able to get their blood pressure taken.

Name of Event/Program: **Rio Grande Area Agency on Aging Benefits Counseling Program**

Location: 650 Wallenberg

Date: 4/17/2025

Time: 9:30-11:30 AM

Cost: Free

Brief Description: Participants will be counseling on insurances that are cost affected for them.

Name of Event/Program: **Birthday Celebration**

Location: 650 Wallenberg

Date: 4/21/2025

Time: 10:00 -11:00 AM

Cost: Free

Brief Description: Celebration of all the April Birthdays.

Name of Event/Program: **Easter Egg Hunt/ Cookout**

Location: 650 Wallenberg

Date: 4/21/2025

Time: 10:00-11:30 AM

Cost: Free

Brief Description: Participants will look for plastic eggs in the playground and for lunch will have a cook out with hot dogs and all the fixings.

Event/Program: **Monthly Dance (Fantasia)**

Location: 650 Wallenberg

Date: 4/25/2025

Time: 1:00-5:00 PM

Cost: \$7.00 per person

Brief Description: Participants will get to dance to their favorite songs.

Event/Program: **Movie (TBA)**

Location: 650 Wallenberg

Date: 4/4, 18/2025

Time: 12:30-3:00 PM

Cost: Free

Brief Description: Participants will enjoy a movie from Netflix with popcorn and a drink.

Event/Program: **Karaoke**

Location: 650 Wallenberg

Date: 4/11/2025

Time: 12:30-3:00 PM

Cost: Free

Brief Description: Participants will enjoy sing to their favorite songs with the big screen and surround sound in Multipurpose room.

San Juan Senior Center

Name event/Program: **Morning Aerobic NEW!!**

Location: 5701 Tamburo Ct

Date: Every Monday and Wednesday year around

Time: 9:00 AM – 10:00 AM

Cost: FREE

Description: Exercising helps to lower levels of the stress hormone cortisol, which helps improve mood. Getting that cheery feeling in the morning may be helpful. You'll start your day feeling optimistic and less susceptible to stress, setting you up for a positive, productive day.

Name event/Program: **Beginner Guitar Class**

Location: 5701 Tamburo Ct

Date: Every Wednesday, year around

Time: 10:00 AM – 12:00AM

Cost: FREE

Description: This 2-hour class is offered every Friday, led by a volunteer. Beginner guitar class Participants Learn and practice new skills that can boost your confidence level.

Name event/Program: **Intermediate Guitar Class**

Location: 5701 Tamburo Ct

Date: Every Friday's, year around

Time: 10:00 AM – 12:00AM

Cost: FREE

Description: This 2-hour class is offered every Wednesday lead by a volunteer. To be considered an intermediate player, you'll need to be able to do the following: Know and be able to change smoothly between your fundamental open chords. Know power chords and be able to move them around cleanly. Know the basic Major and Minor bar chord shapes. Know the note names on the Low E and A strings.

Name event/Program: **Advanced Guitar Class**

Location: 5701 Tamburo Ct

Date: Every Tuesday, year around

Time: 10:00 AM – 12:00AM

Cost: FREE

Description: This 2-hour class is offered every Tuesday lead by a volunteer: This guitar

class can help students develop music appreciation, improve their coordination, and keep their minds clear. Also, this group will have the opportunity to perform and celebrate the month's birthdays.

Name event/Program: **EPCC Smart Technology for Everyday living**

Location: 5701 Tamburo Ct

Date: Wednesday and Friday April 17, - May 6, 2025)

Time: 9:30 AM – 11:00 AM

Cost: FREE (must register at EPCC)

Description: In this course the Seniors will learn the basic foundation skills in technology for everyday living, using smartphones, mobile apps, and online tools.

Name event/Program: **Tai- Chi Class**

Location: 5701 Tamburo Ct

Date: Wednesday and, Friday Year around

Time: 10:00 AM – 11:00AM

Cost: FREE

Description: Tai Chi is a gentle movement program led by a volunteer for beginners. It can benefit both your mind and body in various ways.

Name event/Program: **Cumbias Quema Grasa (Cardio)**

Location: 5701 Tamburo Ct

Date: Wednesday and, Friday Year around

Time: 1 PM – 2:00PM

Cost: FREE- Strimmer YOUTUBE

Description: Exercise is any vigorous activity that increases heart rate and Respiration, and raises oxygen and blood flow throughout the body while using large muscle groups repetitively and rhythmically. (Latin rhythm)

Name event/Program: **Karaoke (Martes De Alegria y Canto)**

Location: 5701 Tamburo Ct

Date: Every Tuesday, Year around

Time: 12:00 AM – 2:00 PM

Cost: FREE

Description: Luis and Carmen bring karaoke equipment to play while the participants of the center sing songs that are displayed on the TV monitor. The participants sing their choice of songs.

Name event/Program: **Karaoke & Comedy La Gosadera**

Location: 5701 Tamburo Ct

Date: Thursday, April 3rd and 10th, 2025

Time: 12:00 AM – 3:00 PM

Cost: FREE

Description: Center Staff set up the computer and project the desired song requested by the

Participants, who sing the song. Also, in between the songs there is a convention of Jokes.

Name event/Program: **Monthly Dance Love Dance**

Location: 5701 Tamburo Ct

Date: Thursday, April 17th, 2025

Time: 1PM – 5 PM

Cost: Fee: \$7 per person

Description: Dance with live music by: Los Galaxy Band & DJ songs by San Juan Staff.
Raffles, Food & drinks are available.

Name event/Program: **Jueves Alegre Birthday Celebration with UnitedHealthcare**

Location: 5701 Tamburo Ct

Date: Thursday, April 24th, 2025

Time: 10 PM – 3 PM

Cost: FREE

Description: A celebration of birthdays and a dance from 12pm – 3pm. Music by DJ Emilio & Fernie. United Healthcare will bring a cake to celebrate the month's B-days (April)

Name event/Program: **Ceramics**

Location: 5701 Tamburo Ct

Date: Every Wednesday, Year around

Time: 9:30 AM – 10:30AM

Cost: FREE

Description: Every Wednesday, seniors create their own ceramics. This facility offers the use of Kilns to completely create a project from start to finish, without having to go to another facility

Name event/Program: **Coffee with the COPS**

Location: 5701 Tamburo Ct

Date: Wednesday April 9th, 2025

Time: 10:00 AM-11:00AM

Cost: FREE

Description: Brining police officers and the participants they serve together over coffee, to discuss current issues and play Loteria or Bingo.

Name event/Program: **Bingo**

Location: 5701 Tamburo Ct

Date: Mon, Wed, & Fri. Year around

Time: 12:00pm-1:00pm

Cost: 25¢/card

Description: There are 3 games of bingo after lunch and the activity is offered as long as there is Participation.

Name event/Program: **Loteria**

Location: 5701 Tamburo Ct
Date: Mon – Fri. year around
Time: 9:00am – 11:00am
Cost: 10¢/card

Description: Loteria is played before lunch and there is not a set limit of the number of games. This activity is offered as long as there is participation

Name event/Program: **Billiard**

Location: 5701 Tamburo Ct
Date: Mon – Fri. year around
Time: 9:00am – 4:00pm
Cost: \$15/per year

Description: There are 3 pool tables in our billiards room as well as pool sticks available. Players can play all day long. Participants must be registered and pay the yearly, monthly or daily fee in order to play.

Name event/Program: **Vintage 1 &15 balls Billiard Spring League**

Location: 5701 Tamburo Ct
Date: Mon – Fri. February – May 2025
Time: 9:00am – 4:00pm
Cost: 2 pound of wrapped candy (Eastern)

Description: This is a billiards game that involves making the one and fifteen balls in specific pockets before shooting the eight ball. In league play, everybody plays all players.

Name event/Program: **Nutrition Program**

Location: 5701 Tamburo Ct
Date: New registration every Wednesday year around
Time: 10:00am – 2:00pm
Cost: Free

Description: This program is provided by the County. They provide a daily meal to seniors over the age of 60 as long as they are registered. Every Wednesday is a registration for new participants.

Name event/Program: **Tuesdays Pancake**

Location: 5701 Tamburo Ct
Date: Every Tuesday's year around, 2025
Time: 9:00 AM-10:00AM
Cost: \$3 plate of pancake, ham, and egg, and fruit

Description: This event is a fund raiser for items needed by the council and the center. There are two participants that cook the pancakes, they are volunteers, and have their food handler cards up to date.

Name event/Program: **Burn More Calories Than You Take In (Amistad Diabetes Awareness Prevention Team)**

Location: 5701 Tamburo Ct
Date: Tues. April 8th ,2025
Time: 10:15 AM-11:15AM
Cost: FREE

Description: This program will teach participants how to: Manage their daily meal calories.

Name event/Program: **Shop and Cook to Prevent T2 (Amistad Diabetes Awareness Prevention)**

Location: 5701 Tamburo Ct
Date: Tues. April 22nd ,2025
Time: 10:15 AM-11:15AM
Cost: FREE

Description: This program will teach participants how to select your grocery shopping by selecting and cooking a healthy meal.

Name event/Program: **New! A Ritmo de Zumba**

Location: 5701 Tamburo Ct
Date: Every Tuesday's and Thursday year around, 2025
Time: 9:00 AM-10:00AM
Cost:

Description: In this type of Zumba fitness program, participants will involve cardio and Latin -inspired dance rhythms.

Name event/Program: **New! A Todo Zumba**

Location: 5701 Tamburo Ct
Date: Every Tuesday's and Thursday year around, 2025
Time: 9:00 AM-10:00AM
Cost:

Description: This type of Zumba fitness is low impact for participants that are beginners.

Name event/Program: **Neighborhood Association Meeting**

Location: 5701 Tamburo Ct
Date: Last Wednesday on the month April 30th 2025
Time: 6:00 PM-8:00PM
Cost:

Description: Local neighbors get together once a month to listen and discuss any issues or concerns in their community.

Hilos De Plata Senior Center

Name of Event/Program: **Exercise to Music**

Location: 4451 Delta
Date: Tuesday & Thursday
Time: 9am-10am
Cost: Free (must register at EPCC)

Brief description: An instructor from EPCC comes to the center to teach various low impact exercises.

Name of Event/Program: **Folklorico Dancing**

Location: 4451 Delta
Date: Tuesday & Thursday
Time: 10am-11am
Cost: Free (must register at EPCC)

Brief description: A folklorico instructor from EPCC come to teach lessons in traditional folklorico dancing.

Name of Event/Program: **Ceramic Class**

Location: 4451 Delta
Date: Mondays
Time: 9am-11am
Cost: Senior over 60 fee \$12.00 a month
Senior under 60 fee \$24.00

Brief description: The making and painting of ceramic figures under the supervision of a ceramic's instructor.

Name of Event/Program: **Billiards**

Location: 4451 Delta
Date: Monday thru Friday
Time: 9am-4pm
Cost: Senior over 60 fee \$15.00 a year
Senior under 60 fee \$30.00 a year

Brief description: Play Billiards

Name of Event/Program: **Weight Room**

Location: 4451 Delta
Date: Monday-Friday
Time: 9am-4pm
Cost: Senior over 60 fee \$5.00 a month
Senior under 60 fee \$10.00

Brief Description: Use our workout machines to stay fit and healthy

Name of Event/Program: **Monthly Dance**

Location: 4451 Delta
Date: Second Friday of the month
Time: 1pm-5pm
Cost: \$7.00

Brief description: A dance is held once a month for fun and socialization.

Name of Event/Program: **Monthly Birthday Celebration**

Location: 4451 Delta
Date: Third Wednesday of the month
Time: 11:30am

Cost: Free
Brief description: Honor our Seniors, who have birthdays that month.

Name of Event/Program: **Karaoke**
Location: 4451 Delta
Date: Every Tuesday
Time: 1pm to 3:30pm
Cost: Free
Brief description: Come and sing to various songs

Name of Event/Program: **Zumba**
Location: 4451 Delta
Date: Every Monday, Wednesday, and Friday
Time: 9am to 10am
Cost: Free
Brief Description: A volunteer Zumba instructor teaches various dance routines for enjoyment and exercise.

Name of Event/Program: **Movie Mondays**
Location: 4451 Delta
Date: Every Monday
Time: 1pm to 3:30pm
Cost: Free
Brief Description: Enjoy a movie with snacks and drinks for sale.

Name of Event/Program: **Vida Sana = Vejez Exitosa**
Location: 4451 Delta
Date: Every Friday
Time: 10:30AM – 11:30AM
Cost: Free
Brief Description: Dr. Angel Guillermo Gomez Flores speaks on how to improve physical and mental health.

Name of Event/Program: **Choir**
Location: 4451 Delta
Date: Every other Friday
Time: 9am – 11am
Cost: Free
Brief Description: Learn vocal technique and practice various songs with a choir group.

Name of Event/Program: **Bingo**
Location: 4451 Delta
Date: Monday – Friday
Time: 10am – 11:15am & 12:15pm- 1:15pm
Cost: \$0.25 per card or \$1 for 4 cards
Brief description: Bingo is played every day before and after lunch

Name of Event/Program: **Loteria**

Location: 4451 Delta

Date: Monday – Friday

Time: 1:30 pm – 3:30pm

Cost: Free

Brief description: A group of seniors enjoy playing a few games of Loteria

Name of Event/Program: **Computer Room**

Location: 4451 Delta

Date: Monday – Friday

Time: 9am – 4pm

Cost: Free

Brief description: Computers available to the use of our seniors

Name of Event/Program: **Early Voting**

Location: 4451 Delta

Date: April 22nd – April 29th

Time: 9am – 6pm

Cost: Free

Brief description: Come in and vote

Name of Event/Program: **Blood Pressure Screenings**

Location: 4451 Delta

Date: April 17th, 2025

Time: 10:30am – 11:30am

Cost: Free

Brief description: Health professionals will be offering free blood pressure screenings

Name of Event/Program: **Easter Celebration**

Location: 4451 Delta

Date: April 17th

Time: 9:30am – 1:30 pm

Cost: Free

Brief description: Enjoy an Easter celebration with mariachis, food, Easter eggs, and more

Name of Event/Program: **EPPD Medicine Disposal Presentation**

Location: 4451 Delta

Date: April 8th

Time: 9:30am-10:30am

Cost: Free

Brief description: EPPD will be giving a presentation on how to properly dispose of old medications.