



# Parks and Recreation Department

## MAYOR

Oscar Leeser

## COVID-19 Safety Protocols and Safe Practices (Aquatics)

## CITY COUNCIL

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Peter Svarzbein

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Alexsandra Annelo

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### District 7

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## CITY MANAGER

Tommy Gonzalez

### Athlete Swimmers prior to practice/meet:

- Must wear face mask upon entering the facility or complex and when not actively swimming.
- Must have swimsuit on ready as they will be not allowed to change in restroom.
- Wash your hands with a hand disinfectant (20 seconds or longer).
- Follow directions for spacing and stay at least 6 feet apart from others.
- Do no share equipment (water bottles, towels, clothing etc.)

### Athlete Swimmers during meet:

- Do not make unnecessary physical contact with others, such as shaking hands or giving a high five.
- Avoid touching your face.
- Avoid sharing food, drinks, goggles, or towels.
- Maintain appropriate social distancing from other swimmers when taking a break or on deck.
- Locker / restrooms will only be used for bathroom use.

### Athlete Swimmers during post-meet:

- No handshaking or high fiving, teams may line up and walk 6 feet apart from opposing team and give positive verbal sportsmanship.
- Return directly to your personal items when cool-down ends, put face mask on and prepare to leave immediately.
- Clean, disinfect and pick up all trash in team area prior to leaving.
- Leave the facility as soon as reasonably possible after cool-down.
- No eating after meet in team area.
- Disinfect your hands thoroughly after leaving.
- Do not use the restroom/locker room as a changing area.
- No congregation in complex or facility after meet.

### Athlete Swimmers not following the guidelines above will result in the following:

- 1<sup>st</sup> offense – athlete swimmer will be made aware and asked to follow guideline.
- 2<sup>nd</sup> offense – athlete swimmer will be removed from meet.
- 3<sup>rd</sup> offense – athlete swimmer will be suspended.

### Spectators:

- No spectators allowed
- Only one parent/guarding allowed per athlete swimmer (must wear face mask at all time):
  - Exception: Single parent/guardian are allowed to bring their children 3 years and under. Child/children must be with parent/guardian at all times.
  - Exception: If participant parent/guardian is the teams head coach, then participants other parent/guardian

### Spectators not following the guidelines above will result in the following:

- 1<sup>st</sup> offense – spectator will be made aware and asked to follow guideline.
- 2<sup>nd</sup> offense – spectator will be removed from meet.
- 3<sup>rd</sup> offense – spectator will be suspended.

## Ben Fyffe – Director

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