



Parks and Recreation Department

MAYOR

Oscar Leeser

Health Guidelines & Protocols - Aquatics

COVID-19 Safety Actions:

1. Individuals actively engaged in the sport are not required to wear a face mask while swimming but should use a face mask when not actively engaged in swimming, including being on a bench, dryland on deck, etc.
2. Swim Leagues and teams should develop, train and implement a plan for all coaches and swimmers to follow all city, county, and state guidelines on appropriate cleaning and disinfection, hand hygiene, social distancing, signs and symptoms of COVID-19, handling of face coverings, and respiratory etiquette.
3. Individuals aged 65 and older, and those with serious underlying medical conditions are advised that they are at a higher risk of COVID-19.

Health Protocols for Swim Teams/Participants:

1. Develop and implement a Program Activity Hygiene Plan to include:
 - Sanitation of equipment before and after use
 - Hand washing or hand sanitizing before and after activities.

COVID-19 Protocols for one parent/guardian allowed per swimmer (No Spectators Allowed):

1. Individuals should avoid being in a group larger than 10 individuals. Within these groups, individuals should, to the extent possible, minimize in-person contact with others not in the individual's household. Minimizing in-person contact includes maintaining 6 feet of separation from individuals.
2. When maintaining 6 feet of separation is not feasible, other methods should be utilized to slow the spread of COVID-19, such as wearing a face covering or mask, washing or sanitizing hand frequently, and avoiding sharing utensils or other common objects.
3. Consistent with the actions taken by many individuals across the state, all spectators should consider wearing cloth face coverings (over the nose and mouth).

CITY COUNCIL

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Peter Svarzbein

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Henry Rivera

District 8

Cissy Lizarraga

CITY MANAGER

Tommy Gonzalez

I have read and understood the health guidelines and protocols to follow and consider in this waiver.

Swim Team: _____

Print Full Name: _____

Signature: _____ Date: _____

Ben Fyffe – Director

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