Community Lifeguard Courses 2026 – 2027

Lifeguard Course Fee: $217 (Residents); $271 (Non-Residents)

You must pass the pretest to be able to continue with the class.

If participant does not pass the pretest, will not be able to continue with the training and will not be eligible for a refund.

You must register 1 day prior to class.

Participants must be 15 years of age on or before the last scheduled session of the course.

Prerequisite test involves of the following:

1. Complete a swim-tread-swim sequence without stopping to rest:
   - I. Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both. (Swimming on the back side is not permitted. Swim goggles are allowed).
   - II. Maintain position at the surface of the water for 2 minutes by treading water using only the legs.
   - III. Swim 50 yards using the front crawl, breaststroke or a combination of both.
2. Complete a timed event within 1 minute and 40 seconds:
   - I. Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
   - II. Submerge to a depth of 7-10 feet to retrieve a 10-pound object.
   - III. Return to the surface and swim 20 yards on the back to return to the starting point, holding the object at the surface with both hands and keeping the face out at or near the surface.
   - IV. Exit the water without using a ladder or steps.

Community Instructor-Led Lifeguard Course Schedule

(Minimum of 5 Participants required to proceed with course.)

Dates of Class	Time of Class	Days of Class	Location of Class
Dec 20 – Dec 23	8:00AM – 6:00PM	Sun – Wed	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Dec 27 – Dec 30	8:00AM – 6:00PM	Sun – Wed	Eastside Natatorium 13501Jason Crandall Dr 79938
Mar 8 – Mar 11	8:00AM – 6:00PM	Mon – Thurs	Westside Natatorium 650 Wallenberg Dr. 79912
Mar 15 – Mar 18	8:00AM – 6:00PM	Mon - Thurs	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Mar 22 – Mar 25	8:00AM – 6:00PM	Mon – Thurs	Eastside Natatorium 13501Jason Crandall Dr 79938
Apr 10 – Apr 18	8:00AM – 6:00PM	Sat & Sun	Armijo Aquatic Center 911 S. Ochoa St. 79901
Apr 17 – Apr 25	8:00AM – 6:00PM	Sat & Sun	Eastside Natatorium 13501Jason Crandall Dr 79938
May 15 – May 23	8:00AM – 6:00PM	Sat & Sun	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Jun 7 – Jun 10	8:00AM – 6:00PM	Mon – Thurs	Armijo Aquatic Center 911 S. Ochoa St. 79901

Community Lifeguard Review Course Schedule

(Minimum of 5 Participants required to proceed with course.)

Dates of Class	Time of Class	Days of Class	Location of Class
Nov 7 – Nov 8	8:00AM – 1:00PM	Sat & Sun	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Dec 26 – Dec 27	8:00AM – 1:00PM	Sat & Sun	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Feb 27 – Feb 28	8:00AM – 1:00PM	Sat & Sun	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Mar 13 – Mar 14	8:00AM – 1:00PM	Sat & Sun	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Mar 20 – Mar 21	8:00AM – 1:00PM	Sat & Sun	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Apr 10 – Apr 11	8:00AM – 1:00PM	Sat & Sun	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902
Jun 5 – Jun 6	8:00AM – 1:00PM	Sat & Sun	Pat O'Rourke Aquatic Center 901 N. Virginia St. 79902

For registration and information on lifeguard courses, please contact Armijo Aquatic Center (911 South Ochoa Street, El Paso, TX 79902) to 915-212-0395 during operating hours.

or

Please email avilajr1@elpasotexas.gov or wrightsl@elpasotexas.gov for more information.

Already Red Cross Lifeguard Certified? Apply with us today!

Scan QR code below.